

Benchmarks of LGBTQ Inclusion

All Children – All Families promotes LGBTQ inclusive policies and affirming practices among child welfare agencies and formally recognizes those innovative agencies that are leading the field.

At the core of this work are the Benchmarks of LGBTQ Inclusion listed below. The benchmarks are organized into seven main areas of inclusive policies and affirming practices that organizations should implement to best serve LGBTQ children, youth and families.



Requirements by Tier of Recognition

Participating agencies that meet specific benchmark requirements will be recognized in one of three tiers: Building a Foundation for Inclusion; A Solid Foundation for Inclusion; and Innovative Inclusion.

The requirements for each tier are indicated in this document in the following way:

- Building Foundation for Inclusion: Policy and practice areas in blue bold text.
- Solid Foundation for Inclusion: All policy and practice areas, except italicized text.
- Innovative Inclusion: All policy and practice areas including italicized text. (Note: While multiple examples of innovations are listed in practice areas 3-7, agencies must demonstrate only one in each area to meet the Innovative Tier

1. Non-Discrimination

Establishing written non-discrimination policies to protect LGBTQ clients and employees from discrimination is an important first step in building an organization's foundation for LGBTQ inclusion. The non-discrimination benchmarks focus on these three policies:

- a) Agency's client non-discrimination policy is inclusive of "sexual orientation," "gender identity," and "gender expression" and communicated to staff and clients.
- b) Agency's employment nondiscrimination policy is inclusive of "sexual orientation" and "gender identity."
- Agency's <u>contract language</u> includes explicit LGBTQ non-discrimination standards.

2. Staff Training

LGBTQ staff training is a core component of an organization's efforts to create a culture that is inclusive and affirming of everyone, regardless of their SOGIE. Staff training alone is not sufficient to achieve longstanding cultural change; however, when connected to policy changes, it can help give staff the skills and knowledge needed to translate policy into practice. The staff training benchmark has two components and the specific requirements for each depend on which Tier of Recognition an agency is striving to achieve:

- a) Agency meets minimum participation requirements for All Children - All Families Webinar Series.
- b) Agency completes an Ongoing Training Plan detailing the ways in which LGBTQ topics are integrated into its ongoing staff training efforts.

3. Rolling Out the Welcome Mat

"Rolling out the welcome mat" for LGBTQ children, youth and families means moving an organization beyond non-discrimination and taking concrete action to send the explicit message "You are welcome here." These benchmarks focus on agency forms and other paperwork, visual cues within the agency and external messaging (e.g., website, brochures and social media).

<u>All agency-controlled forms and internal</u> <u>documents use LGBTQ-inclusive language</u>, including:

- a) Agency forms use gender-neutral language (e.g., "Parent 1" and "Parent 2" rather than "Mother" and "Father") where applicable.
- b) Agency forms provide the opportunity to indicate a gender other than "Male" or "Female."
- c) Agency forms provide the opportunity to indicate a preferred/chosen name that is different than a person's legal name.
- d) Agency forms provide the opportunity to indicate the pronouns (e.g., she/her, he/him, they/them) by which a person would like to be addressed.

Agency consistently communicates its commitment to LGBTQ inclusion externally, including:

- e) Agency displays visual cues throughout common areas to communicate support and inclusion of LGBTQ clients and their families.
- f) Agency's external communications (website, printed materials, etc.) explicitly and consistently reflect its commitment to working with and welcoming LGBTQ clients and their families.
- g) Agency uses social media to communicate its commitment to working with and welcoming LGBTQ clients and their families.

4. Parent Best Practices

Organizations that serve resource parents (foster and adoptive parents), kinship caregivers, and other caring adults in the lives of children, should review key practices to ensure that LGBTQ adults are welcomed and included. Where applicable, parent training and support materials should include considerations for caring for LGBTQ youth.

- a) Agency targets LGBTQ resource parents in recruitment efforts (e.g., using ads featuring same-sex couples or trans parents, attending LGBTQ events, partnering with LGBTQ community groups, and engaging current LGBTQ resource families as ambassadors).
- b) Agency ensures LGBTQ parents feel included in parent trainings (e.g., trainers are prepared to deliver LGBTQ-related content and skilled in creating an inclusive space for LGBTQ parents).
- c) Agency's <u>parent trainings provide information</u> on creating a safe and affirming environment for <u>LGBTQ</u> youth (e.g., agency LGBTQ youth policy, research on LGBTQ youth in care, affirming caregiver behaviors, etc.).
- d) Agency <u>provides LGBTQ-inclusive ongoing</u> <u>support and education</u> to existing resource parents and other caregivers.
- e) Agency <u>provides staff with guidance on conducting LGBTQ-affirming homestudies</u> and assessments.
- f) Agency tracks data on the number of LGBTQ resource parents served (e.g., information on number of LGBTQ parents licensed and number of placements in LGBTQ-headed homes, etc.).
- g) Agency identifies and utilizes a <u>list of LGBTQ-competent referrals</u> for outside services for LGBTQ families, parents and caregivers.

Innovations (at least one):

- a) Agency has developed a strategic plan for its LGBTQ parent recruitment efforts focused on maximizing results and continual improvement.
- b) Agency has engaged LGBTQ parents in innovative ways (e.g., parent mentoring, advocacy efforts, etc.).
- c) Agency demonstrates other innovative practice(s) with LGBTQ parents and caregivers.

5. Youth Best Practices

Organizations working to improve practice with LGBTQ youth need to translate this commitment into a thorough scan of the agency environment and all areas of service provision. Too often LGBTQ youth face barriers due to institutional structures and policies rooted in anti-LGBTQ bias and/or assumptions that fail to recognize youth with diverse SOGIE. The policy and practice areas below focus on removing the most common barriers faced by LGBTQ youth to ensure they are safe, affirmed, and supported to achieve permanency.

- a) Agency <u>provides youth in care with an LGBTQ-inclusive "Bill of Rights"</u> or similar information on their rights while in out-of-home care.
- b) Agency provides staff with guidance on assessing resource parent's capacity to provide safe and affirming homes for LGBTQ youth.
- c) Agency provides staff with guidance on creating LGBTQ-inclusive safety plans for youth, including considerations of the unique risk factors for youth with diverse SOGIE at all points in the placement process.
- d) Agency has policy in place to enforce transaffirming placements in sex-separated facilities to ensure placement decisions affirm the child's gender identity, are made based on the safety and well-being of the young person, and are not based on the child's sex assigned at birth.
- e) Agency identifies and utilizes a <u>list of LGBTQ-competent referrals</u> for outside services for LGBTQ youth.

Innovations (at least one):

- a) Agency <u>provides staff with guidance on discussing SOGIE</u> with young people.
- b) Agency has a written policy in place that <u>prohibits conversion therapy</u> for youth in care.
- c) Agency has implemented a gender-neutral dress code policy that ensures young people can authentically express their gender through clothing styles.
- d) Agency has conducted a review of services to ensure that LGBTQ youth receive equitable

services when compared to their non-LGBTQ counterparts.

- e) Agency engages LGBTQ youth in care in its efforts to change policy and practice (e.g., youth focus groups, taskforces and youth-led initiatives).
- f) Agency provides specialized programs/interventions for LGBTQ youth in care.
- g) Agency demonstrates other innovative practice(s) with LGBTQ youth.

Sustainability & Capacity Building

Transforming an organization's culture to ensure all stakeholders are welcomed and affirmed regardless of their SOGIE is hard work that takes years. Staff turnover, competing priorities and limited resources are among the many challenges that can get in the way of sustainable change. These policy and practice areas focus on the strategies that help support and build internal capacity for long-term and sustainable LGBTQ inclusion efforts.

- a) Agency's leadership supports LGBTQ inclusion efforts (e.g., leadership "buy in" is clear through board/senior leadership communications on the importance of the work and action to hold stakeholders accountable). (Note: Participation in an Executive Briefing by at least one senior leader is required of all ACAF participants. See Staff Training for more).
- b) Agency takes a team-based approach to its LGBTQ inclusion efforts (e.g., a LGBTQ committee is formed and leading policy and practice review and changes).
- c) Agency has an <u>LGBTQ</u> staff <u>advocate</u> who is identified to all staff and clients and is charged with resource collection and dissemination, advocacy, support and intervention specifically for LGBTQ clients.
- d) Agency builds relationships with and engages local LGBTQ experts in its LGBTQ inclusion efforts.
- e) Agency has <u>formalized its process for SOGIE</u> <u>data collection</u> from youth and/or adult clients, including the collection, tracking and analysis of the data for quality improvement work.

- f) Agency conducts LGBTQ-specific client feedback surveys to measure the impact of its LGBTQ inclusion efforts on the experiences of children, youth and families served.
- g) Agency conducts <u>LGBTQ-specific staff</u> <u>surveys</u> to measure current agency climate and the knowledge, skills and attitudes related to LGBTQ inclusion.
- h) Agency has developed LGBTQ expertise among its internal staff trainers through a training of trainers or other effort.
- i) Agency has implemented policies and benefits to recruit and retain LGBTQ employees (e.g., inclusive health insurance benefits, gender transition guidelines, and targeted staff hiring and recruitment efforts).
- j) Agency demonstrates other innovative practice(s) to ensure LGBTQ inclusion efforts are sustainable.

7. Leadership & Innovation

Organizations that have established a solid foundation for LGBTQ inclusion within their own walls can lead the broader child welfare community forward in this area by sharing their lessons learned. This practice area focuses on the ways in which agencies can serve as leaders on the local, state, and national levels.

- a) Agency serves as a leader in LGBTQ-inclusive practice among its partner agencies (e.g., organizing trainings or events, leading an LGBTQ taskforce, etc.).
- b) Agency has participated in LGBTQ-related public education events (e.g., panel discussion at a university, radio or television appearances, etc.).
- c) Agency has engaged in pro-LGBTQ public policy advocacy (e.g., submitting written or oral testimony related to legislation, writing an op ed, participating in a lobby day, etc.).
- d) Agency demonstrates other innovative forms of leadership.